

10th Annual Summer Chiller

June 16 – 18, 2017



Sanctioned by U.S. Figure Skating
Featuring the IJS



Chief Referee
Gregory L. Cannon

Presented by
CITY OF PALMS FIGURE SKATING CLUB

FORT MYERS SKATIUM
2250 Broadway
Fort Myers, FL 33901

Test Session: June 16, 2017

Registration Due via ENTRYEEZE no later than **May 13, 2017**
<http://www.entryeeze.com/competitions.htm>

Thank you for participating in the 10th Annual Summer Chiller

The 10th Annual Summer Chiller will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Eligibility: The competition is open to all eligible skaters who are members in good standing of US Figure Skating and their Home Club.

Test level: Each skater may compete in as many events as qualified by the highest test passed as of May 9, 2017 in the discipline the skater is entering, or one level higher, but not both. Skaters may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries. Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

It is very important for the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the LOC discovers that a skater has been placed in a category below their level, the chairman and referee will have the option to move the skater into the proper division even if it has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.



ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and those who are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club. There will be no more than six competitors maximum in an event and all six should receive an award.

Eligibility and Test Requirements:

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

For the Pre-free skate, free skate 1-6, test track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

ENTRIES AND FEES: Entries must be submitted on-line through Entryeze by May 13, 2017. Visit www.cityofpalmsfsc.com for registration link and additional competition information. Entry fees must be paid online via Entryeze. All entries submitted after May 9, 2017 will be considered late entries. Late entries will be accepted at the discretion of the Competition Committee, and will be charged a onetime late fee of \$35.00 per application. There will be a \$30.00 service fee assessed if the skater enters the wrong event and has to be changed. If these fees apply they must be paid before the skater competes. The fees for the competition are:

Juvenile through Senior Free Skate and Intermediate through Senior Short Program

| | |
|-----------------------|----------|
| First Event | \$120.00 |
| Second IJS Event | \$70.00 |
| Each Additional Event | \$45.00 |

Pre-Preliminary, Preliminary, Pre-Juvenile, Open Juvenile, and All Other Non-IJS Events

| | |
|-----------------------|---------|
| First Event | \$90.00 |
| Second Event | \$45.00 |
| Each Additional Event | \$45.00 |

Basic Skills

| | |
|-----------------------|---------|
| First Event | \$55.00 |
| Second Event | \$25.00 |
| Each Additional Event | \$25.00 |

REFUND POLICY: Entry fees will not be refunded after May 13, 2017 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available through Entryeze.

FACILITIES: The competition will be held at The Fort Myers Skatium, 2250 Broadway, Fort Myers, FL 33901. The ice surface measures 200' by 85'. The facility has numerous dressing rooms, free parking, and a concession area.

MUSIC: Only CD's will be accepted. Commercial CD's with multiple song tracks will not be accepted. The medium must be clearly labeled with the skater's name and event on the side that the CD is to be played. The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but The City of Palms Figure Skating Club cannot be responsible for music CDs left at the end of the competition.

LIABILITY: U.S. Figure Skating, The City of Palms Figure Skating Club, the Fort Myers Skatium and the City of Fort Myers accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The **International Judging System (IJS)** will be used for the following events:

- **Well Balanced Program free skate events, juvenile – senior**
- **Short program events, juvenile – senior**

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at www.usfigureskating.org. **The deadline to submit the form is June 1, 2017.**

The **6.0 Majority Judging System** will be used for:

- **Well Balanced Program free skate events, pre-preliminary – pre-juvenile**
- **Basic skills, Introductory free skate events, Test Track, Open & Adult events**

- **All specialty singles events (spins, jumps, compulsory moves, etc.)**
- **All solo dance events**
- **All Partnered dance events**
- **Showcase events**

REGISTRATION: Registration will begin on Friday, **June 16th at 5 p.m. and end on Sunday, June 18th at Noon.** Registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the front lobby of the rink. Skaters AND coaches, please register promptly upon arrival. **Skaters must check in at the registration desk at least one hour before their event or risk an automatic scratch for their event. In this case, no refund will be issued for the scratched event.**

PRACTICE ICE: Practice ice will be available for purchase through entryeeze.com. Please check www.cityofpalmsfsc.com for info on when practice ice sessions will go on sale. Practice ice will be available starting on **Friday, June 16, 2017.** All practice ice sessions will run twenty minutes at a charge of \$20 per session/person. Practice ice will be sold on a first come, first served basis. Payment must be made in advance to guarantee space. Walk on practice ice will be provided if available.

PHOTOGRAPHY/VIDEOGRAPHY: Photography and Event CD's will be available for purchase.

AWARDS: Medals will be awarded for first through fourth place in all events.

OFFICIAL NOTICES: An official bulletin board will be maintained in the main hallway adjacent to the front lobby. **It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 60 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.**

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance -

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. **Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions.** Again – no exceptions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA. **All coaches whose credentials have been verified at the registration desk will receive a colored badge. There will be NO admittance to the coaches area without that issued badge.**

For more information regarding Coach Compliance, please refer to:
<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

CONTACT INFO: If you have questions, please contact Karen Anderson via e-mail at competitionchair@cityofpalmsfsc.com or via phone at 239-218-0840.

HOTEL INFORMATION

Hampton Inn & Suites
4350 Executive Circle
Fort Myers, FL 33916
(239) 931-5300

Best Western
13021 N. Cleveland Ave.
N.Fort Myers, FL 33903
(239) 997-5511

Hyatt Place Fort Myers
2600 Champion Ring Road
Fort Myers, FL 33905
(800) 579-9061

SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements.

WELL BALANCED PROGRAM FREE SKATE

Events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.. Please see page 11-12 for Introductory and Test Track levels.

| EVENT | REQUIREMENTS | USFSA Rule | Time |
|--|--|------------|--|
| Pre-Preliminary Free Skate 6.0 scoring | Pre-Preliminary Free Skate Test. | 4270 | 1:40 max |
| Preliminary Free Skate 6.0 scoring | Preliminary Free Skate Test. | 4260 | 1:30 +/- 10 sec |
| Pre-Juvenile Free Skate 6.0 scoring | Pre-Juvenile Free Skate Test. | 4250 | 2:00 +/- 10 sec |
| Open Juvenile Free Skate 6.0 scoring | Juvenile FS test. | 4240 | 2:15 +/- 10 sec |
| Juvenile (IJS) | Juvenile FS test. | 4240 | 2:15 +/- 10 sec |
| Intermediate Free Skate (IJS) | Intermediate Free Skate Test. | 4230 | 2:40 +/-10 sec |
| Novice Free Skate (IJS) | Novice Free Skate Test. | 4220 | Ladies: 3:00 +/- 10 sec Men: 3:30 +/- 10 sec |
| Junior Free Skate (IJS) | Junior Free Skate Test. | 4210 | Ladies: 3:30 +/- 10 sec Men: 4:00 +/- 10 sec |
| Senior Free Skate (IJS) | Senior Free Skate Test. | 4200 | Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec |
| Adult Pre-Bronze Free Skate 6.0 scoring | Refer to Rule 4600 for Age, Test and element requirements. | 4600 | 1:40 maximum |
| Adult Bronze Free Skate 6.0 scoring | Refer to Rule 4590 for Age, Test and element requirements. | 4590 | 1:50 maximum |
| Adult Silver Free Skate 6.0 scoring | Refer to Rule 4580 for Age, Test and element requirements. | 4580 | 2:10 maximum |
| Adult Gold Free Skate 6.0 scoring | Refer to Rule 4570 for Age, Test and element requirements. | 4570 | 2:40 maximum |

SINGLES SHORT PROGRAM

Events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

| EVENT | REQUIREMENTS | Rule | Time |
|--------------------------------------|--|------|--------------|
| Juvenile Open 6.0 scoring | Juvenile Free Skate Test. See Eligibility/Test level page 2 .No double axel or triple jumps allowed | 4230 | 2:00 maximum |
| Juvenile Short (IJS) | Juvenile Free Skate Test. See Eligibility/Test level page 2 No double axel or triple jumps allowed | 4230 | 2:00 maximum |
| Intermediate Short (IJS) | Intermediate Free Skate Test. See Eligibility/Test level page 2 | 4230 | 2:10 maximum |
| Novice Short (IJS) | Novice Free Skate Test. See Eligibility/Test level page 2 | 4220 | 2:30 maximum |
| Junior Short (IJS) | Junior Free Skate Test. See Eligibility/Test level page 2 | 4210 | 2:50 maximum |
| Senior Short (IJS) | Senior Free Skate Test. See Eligibility/Test level page 2 | 4200 | 2:50 Maximum |

COMPULSORY MOVES EVENT

General event parameters:

1. No Test – Juvenile: Elements skated on ½ ice
2. Intermediate – Senior: Elements skated on full-ice
3. The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
4. A 0.2 deduction will be taken for each element performed from a higher level.
5. Music is not allowed.
6. Skaters may compete at their test level or one level higher.

| Level | Time | Skating rules/standards |
|----------------------|-----------|--|
| No-Test | 1:15 max. | <ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions 4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included. |
| Pre-Preliminary | 1:15 max. | <ol style="list-style-type: none"> 1. Toe Loop jump 2. Jump combination: single/single (no Axel) 3. Sit spin or camel spin - minimum three revolutions 4. Spiral sequence with one forward spiral and one backward spiral (any edge) |
| Preliminary | 1:15 max. | <ol style="list-style-type: none"> 1. Single Lutz 2. Jump combination: single/single (may include Axel) 3. Back upright spin - minimum three revolutions 4. Forward inside spiral |
| Pre – Juvenile | 1:15 max. | <ol style="list-style-type: none"> 1. Single jump (may include Axel) 2. Jump combination: single/single (may include Axel) 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence - circular |
| Juvenile & Open Juv. | 1:15 max. | <ol style="list-style-type: none"> 1. Single Axel 2. Jump combination: single/single or double/single 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence – circular |
| Intermediate | 1:30 max. | <ol style="list-style-type: none"> 1. Double Salchow or double toe loop 2. Jump combination: single/single or double/single 3. Flying spin, minimum five revolutions 4. Step sequence – straight line |
| Novice | 1:30 max. | <ol style="list-style-type: none"> 1. Double loop 2. Jump combination: double/single or double/double 3. Flying spin - minimum five revolutions 4. Step sequence – straight line |
| Junior | 1:30 max. | <ol style="list-style-type: none"> 1. Double flip 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line |
| Senior | 1:30 max. | <ol style="list-style-type: none"> 1. Double Lutz 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line |

JUMP EVENT

General event parameters:

1. Each jump may be attempted twice; the best attempt will be counted.
2. Pre-juvenile and lower will be skated $\frac{1}{2}$ ice; Juvenile – senior will be skated on full ice
3. Jumps with an “**” must be preceded with connecting steps (intermediate – senior)

| Level | Time | Skating rules / standards |
|----------------------|-----------|--|
| Beginner | 1:15 max. | <ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. $\frac{1}{2}$ flip or $\frac{1}{2}$ Lutz 3. Single Salchow |
| High Beginner | 1:15 max. | <ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination – waltz jump-toe loop |
| No-Test | 1:15 max. | <ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combination – Any two $\frac{1}{2}$ or single revolution jumps (no Axel) |
| Pre – Preliminary | 1:15 max. | <ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combination - Any two $\frac{1}{2}$ or single revolution jumps (no Axel) |
| Preliminary | 1:15 max. | <ol style="list-style-type: none"> 5. Single flip 6. Single Lutz 7. Jump combination – Any single jump + single loop (may be Axel) |
| Pre – Juvenile | 1:15 max. | <ol style="list-style-type: none"> 5. Single Axel 6. Single or double jump 7. Jump combination – single/single (no Axel) |
| Juvenile & Open Juv. | 1:15 max. | <ol style="list-style-type: none"> 5. Single Axel 6. Double Salchow 7. Jump combination – single/single or double/single (no Axel) |
| Intermediate | 1:30 max. | <ol style="list-style-type: none"> 5. Single Axel 6. Double loop* 7. Jump combination – double/single (no Axel) |
| Novice | 1:30 max. | <ol style="list-style-type: none"> 5. Double loop 6. Double flip* 7. Jump combination – double/double (may be double Axel) |
| Junior | 1:30 max. | <ol style="list-style-type: none"> 5. Choice of double or triple jump 6. Double or triple flip* 7. Jump combination – double/double (may be double Axel) |
| Senior | 1:30 max. | <ol style="list-style-type: none"> 5. Choice of double or triple jump 6. Double or triple Lutz* 7. Jump combination – double/double or triple/double (may be double Axel) |

SPIN EVENT

General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
2. All events are skated on $\frac{1}{2}$ ice.
3. Minimum number of revolutions are noted in parentheses.

| Level | Time | Skating rules / standards |
|----------|-----------|---|
| Beginner | 1:30 max. | <ol style="list-style-type: none"> 1. Upright one-foot spin (3) 2. Upright two-foot spin (3) 3. Sit spin (3) |
| | | <ol style="list-style-type: none"> 1. Upright one-foot spin (3) |

| | | |
|----------------------|-----------|---|
| High Beginner | 1:30 max. | 2. Upright two-foot spin (3) 3. Sit spin (3) |
| No-Test | 1:30 max. | 1. Upright one-foot spin (3) 2. Upright two-foot spin (3) 3. Sit spin (3) |
| Pre – Preliminary | 1:30 max. | 4. Upright one-foot spin (3) 5. Upright back scratch spin (3) 6. Sit spin (3) |
| Preliminary | 1:30 max. | 8. Forward scratch to back scratch spin (3) 9. Combination spin with no change of foot (4) 10. Sit spin (3) |
| Pre – Juvenile | 1:30 max. | 8. Camel spin (3) 9. Combination spin – camel to sit spin; no change of foot (6) 10. Forward to backward scratch spin (3 per foot) |
| Juvenile & Open Juv. | 1:30 max. | 8. Sit spin (4) 9. Combination spin – with change of foot; optional change of position (4 per foot) 10. Girls – layback spin (4); Boys – camel spin (4) |
| Intermediate | 1:30 max. | 8. Flying camel spin (5) 9. Sit spin to backward sit spin (4 per foot) 10. Combination spin – change of foot & change of position (4 per foot) |
| Novice | 1:30 max. | 8. Choice of camel, sit or layback spin (6) 9. Camel spin to backward camel spin (4 per foot in position) 10. Combination spin – change of foot & two changes of position (2 per position & 5 per foot) |
| Junior | 1:30 max. | 8. Flying sit spin or flying reverse sit spin (6) 9. Solo spin of choice (6) – may not fly 10. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot) |
| Senior | 1:30 max. | 4. Flying spin of choice (6) 5. Solo spin of choice (6) – may not fly 6. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot) |

SOLO PATTERN DANCE EVENTS

These event is for Solo Dancers only. The combined score of both dances will determine places. Test level may be either standard or solo dance. Male and female dancers will be combined in the same level. Skaters may either compete at their test level or one level above their highest completed dance test. The test level is determined by a skater completing all of the dance tests within that level. The 6.0 judging system will be used. The number of patterns to be skated for each dance will be in accordance with the USFS Rulebook for competition, not test dances. ***Dance events are not part of the USFSA National Solo Dance Series.**

| EVENT | Test Level | Dances Selected |
|-------------|----------------------------------|--|
| Preliminary | No test or passed Preliminary | Canasta Tango & Rhythm Blues |
| Pre-Bronze | Passed Preliminary or Pre-Bronze | Cha Cha & Fiesta Tango |
| Bronze | Passed Pre-Bronze or Bronze | Willow Waltz & Ten Fox |
| Pre-Silver | Passed Bronze or Pre-Silver | Fourteenstep & Fox Trot |
| Silver | Passed Pre-Silver or Silver | American Waltz & Rocker Foxtrot |
| Pre-Gold | Passed Silver or Pre-Gold | Blues & Paso Doble |

| | | |
|--------------------------|----------------------------------|--|
| Gold | Passed Pre-Gold or Gold | Viennese Waltz & Quickstep |
| Adult Solo Events | | |
| Preliminary | No test or passed Preliminary | Canasta Tango & Rhythm Blues |
| Pre-Bronze | Passed Preliminary or Pre-Bronze | Cha Cha & Fiesta Tango |
| Bronze | Passed Pre-Bronze or Bronze | Willow Waltz & Ten Fox |
| Pre-Silver | Passed Bronze or Pre-Silver | Fourteenstep & Fox Trot |
| Silver | Passed Pre-Silver or Silver | American Waltz & Rocker Foxtrot |
| Pre-Gold | Passed Silver or Pre-Gold | Blues & Paso Doble |

SOLO FREE DANCE EVENTS

| EVENTS | Requirements | Time+/- 10sec |
|-----------------|--------------|---------------|
| Juvenile | 6242 | 2:15 |
| Intermediate | 6232 | 2:30 |
| Novice | 6222 | 3:00 |
| Junior | 6212 | 3:30 |
| Senior | 6202 | 4:00 |
| Adult Pre- Gold | 6512 | 3:10 max |
| Adult Gold | 6512 | 3:10 max |

Will be judged by the 6.0 system

SHOWCASE EVENTS

Showcase Events – Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- Props and scenery ARE permitted.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Dramatic Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

| | Event | Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track) | Must not have passed Free Skate or Dance (solo or partnered) Test or higher | Age | Time |
|--|--------------|--|---|---------------------------------------|-------------|
| | Preliminary | Preliminary Free Skate | Pre Juvenile Free Skate OR Juvenile Free Dance | No minimum age (max age 20) | 1:40 max |
| | Pre Juvenile | Pre Juvenile Free Skate | Juvenile Free Skate OR Juvenile Free Dance | No minimum age (max age 20) | 1:40 max |
| | Juvenile | Juvenile Free Skate OR Juvenile Free Dance | Intermediate Free Skate OR Intermediate Free Dance | 13 and under | 2:10 max |
| | Teen | Juvenile Free Skate OR Juvenile Free Dance | Intermediate Free Skate OR Intermediate Free Dance | 14-17 | 2:10 max |
| | Intermediate | Intermediate Free Skate OR Intermediate Free Dance | Novice Free Skate OR Novice Free Dance | 17 and under | 2:10 max |
| | Young Adult | Juvenile Free Skate OR Juvenile Free Dance | Novice Free Skate OR Novice Free Dance | 18-20 | 2:10 max |
| | Novice | Novice Free Skate OR Novice Free Dance | Junior Free Skate OR Junior Free Dance | | 2:10 max |
| | Junior | Junior Free Skate OR Junior Free Dance | Senior Free Skate OR Senior Free Dance | | 2:40 max |
| | Senior | Senior Free Skate OR Senior Free Dance | | | 2:40 max |
| | Event | Must meet requirements* Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track) | Must not have passed Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher | Age | Time |
| | Adult Bronze | Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Complete Pre-Bronze Dance Test** | Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77) OR Any Pre-Silver Dance** | 21 and older | 1:40 max |

| | | | | | |
|--|--------------|---|---|--------------|----------|
| | Adult Silver | Adult Silver Free Skate Juvenile FS (prior to 10/1/94) Pre Juvenile FS Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) 3 rd Figure (prior to 10/1/77) OR One Pre-Silver Dance** | Adult Gold Free Skate Juvenile FS (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze FD (prior to 9/2/2000) 4 th Figure (prior to 10/1/77) OR Any Pre-Gold Dance** | 21 and older | 1:40 max |
| | Adult Gold | Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance 3 rd Figure (prior to 10/1/77) OR One Pre-Gold Dance** | Intermediate FS (on/after 10/1/91) Junior Free Dance Silver FD (Prior to 9/2/2000) 5 th Figure Test (prior to 10/1/77) OR Complete Pre-Gold Dance Test** | 21 and older | 1:40 max |
| | Masters | Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver FD (Prior to 9/2/2000) 3 rd Figure Test (prior to 10/1/77) 8 th Figure Test (10/1/77-9/30/79) OR Complete Pre-Gold Dance Test** | | 21 and older | 1:40 max |

* For the US Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete; rules 2540-2552 apply; and the same level must be chosen for all showcase events at the competition (for example, a skater may not compete in Masters Dramatic Entertainment and Adult Gold Light Entertainment events at the same competition). For all other competitions, skaters must compete at their test level or one level higher, per the above chart. For Basic Skills levels and events, please refer to the U.S. Figure Skating Compete USA Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.

**IMPORTANT- As of May 1, 2017, Pattern Dance Tests will no longer qualify adult athletes to compete in Showcase Events. Athletes currently competing based on pattern dance tests will need to pass a qualifying free skate or free dance test (solo, partnered, standard, adult, or masters) to compete in showcase events after A

Showcase Events – Duet Events

Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Duet Event Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

| | Event | Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track) | Must not have passed Free Skate or Dance (solo or partnered) Test or higher | Age | Time |
|--|--------------|--|---|---------------------------------------|-------------|
| | Preliminary | Preliminary Free Skate | Pre Juvenile Free Skate OR Juvenile Free Dance | No minimum age (max age 20) | 1:40 max |
| | Pre Juvenile | Pre Juvenile Free Skate | Juvenile Free Skate OR Juvenile Free Dance | No minimum age (max age 20) | 1:40 max |
| | Juvenile | Juvenile Free Skate OR Juvenile Free Dance | Intermediate Free Skate OR Intermediate Free Dance | 13 and under | 2:10 max |
| | Teen | Juvenile Free Skate OR Juvenile Free Dance | Intermediate Free Skate OR Intermediate Free Dance | 14-17 | 2:10 max |
| | Intermediate | Intermediate Free Skate OR Intermediate Free Dance | Novice Free Skate OR Novice Free Dance | 17 and under | 2:10 max |
| | Young Adult | Juvenile Free Skate OR Juvenile Free Dance | Novice Free Skate OR Novice Free Dance | 18-20 | 2:10 max |
| | Novice | Novice Free Skate OR Novice Free Dance | Junior Free Skate OR Junior Free Dance | | 2:10 max |
| | Junior | Junior Free Skate OR Junior Free Dance | Senior Free Skate OR Senior Free Dance | | 2:40 max |
| | Senior | Senior Free Skate OR Senior Free Dance | | | 2:40 max |
| | | Must meet requirements* Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track) | Must not have passed Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher | Age | Time |
| | Adult Bronze | Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Complete Pre-Bronze Dance Test** | Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77) OR Any Pre-Silver Dance** | 21 and older | 1:40 max |

| | | | | | |
|--|--------------|---|---|--------------|----------|
| | Adult Silver | Adult Silver Free Skate Juvenile FS (prior to 10/1/94) Pre Juvenile FS Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) 3 rd Figure (prior to 10/1/77) OR One Pre-Silver Dance** | Adult Gold Free Skate Juvenile FS (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze FD (prior to 9/2/2000) 4 th Figure (prior to 10/1/77) OR Any Pre-Gold Dance** | 21 and older | 1:40 max |
| | Adult Gold | Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance 3 rd Figure (prior to 10/1/77) OR One Pre-Gold Dance** | Intermediate FS (on/after 10/1/91) Junior Free Dance Silver FD (Prior to 9/2/2000) 5 th Figure Test (prior to 10/1/77) OR Complete Pre-Gold Dance Test** | 21 and older | 1:40 max |
| | Masters | Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver FD (Prior to 9/2/2000) 3 rd Figure Test (prior to 10/1/77) 8 th Figure Test (10/1/77-9/30/79) OR Complete Pre-Gold Dance Test** | | 21 and older | 1:40 max |

* For the US Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete; rules 2540-2552 apply; and the same level must be chosen for all showcase events at the competition (for example, a skater may not compete in Masters Dramatic Entertainment and Adult Gold Light Entertainment events at the same competition). For all other competitions, skaters must compete at their test level or one level higher, per the above chart. For Basic Skills levels and events, please refer to the U.S. Figure Skating Compete USA Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.

**IMPORTANT- As of May 1, 2017, Pattern Dance Tests will no longer qualify adult athletes to compete in Showcase Events. Athletes currently competing based on pattern dance tests will need to pass a qualifying free skate or free dance test (solo, partnered, standard, adult, or masters) to compete in showcase events after April 30, 2017.

Showcase Events – Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

General event parameters:

3. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. The determination of level will be based upon test requirement at the entry deadline.
5. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Light Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

| | Event | Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track) | Must not have passed Free Skate or Dance (solo or partnered) Test or higher | Age | Time |
|--|--------------|--|---|---------------------------------------|-------------|
| | Preliminary | Preliminary Free Skate | Pre Juvenile Free Skate OR Juvenile Free Dance | No minimum age (max age 20) | 1:40 max |
| | Pre Juvenile | Pre Juvenile Free Skate | Juvenile Free Skate OR Juvenile Free Dance | No minimum age (max age 20) | 1:40 max |
| | Juvenile | Juvenile Free Skate OR Juvenile Free Dance | Intermediate Free Skate OR Intermediate Free Dance | 13 and under | 2:10 max |
| | Teen | Juvenile Free Skate OR Juvenile Free Dance | Intermediate Free Skate OR Intermediate Free Dance | 14-17 | 2:10 max |
| | Intermediate | Intermediate Free Skate OR Intermediate Free Dance | Novice Free Skate OR Novice Free Dance | 17 and under | 2:10 max |
| | Young Adult | Juvenile Free Skate OR Juvenile Free Dance | Novice Free Skate OR Novice Free Dance | 18-20 | 2:10 max |
| | Novice | Novice Free Skate OR Novice Free Dance | Junior Free Skate OR Junior Free Dance | | 2:10 max |
| | Junior | Junior Free Skate OR Junior Free Dance | Senior Free Skate OR Senior Free Dance | | 2:40 max |
| | Senior | Senior Free Skate OR Senior Free Dance | | | 2:40 max |
| | | Must meet requirements* Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track) | Must not have passed Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher | Age | Time |
| | Adult Bronze | Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Complete Pre-Bronze Dance Test** | Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77) OR Any Pre-Silver Dance** | 21 and older | 1:40 max |

| | | | | | |
|--|--------------|---|---|--------------|----------|
| | Adult Silver | Adult Silver Free Skate Juvenile FS (prior to 10/1/94) Pre Juvenile FS Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) 3 rd Figure (prior to 10/1/77) OR One Pre-Silver Dance** | Adult Gold Free Skate Juvenile FS (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze FD (prior to 9/2/2000) 4 th Figure (prior to 10/1/77) OR Any Pre-Gold Dance** | 21 and older | 1:40 max |
| | Adult Gold | Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance 3 rd Figure (prior to 10/1/77) OR One Pre-Gold Dance** | Intermediate FS (on/after 10/1/91) Junior Free Dance Silver FD (Prior to 9/2/2000) 5 th Figure Test (prior to 10/1/77) OR Complete Pre-Gold Dance Test** | 21 and older | 1:40 max |
| | Masters | Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver FD (Prior to 9/2/2000) 3 rd Figure Test (prior to 10/1/77) 8 th Figure Test (10/1/77-9/30/79) OR Complete Pre-Gold Dance Test** | | 21 and older | 1:40 max |

* For the US Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete; rules 2540-2552 apply; and the same level must be chosen for all showcase events at the competition (for example, a skater may not compete in Masters Dramatic Entertainment and Adult Gold Light Entertainment events at the same competition). For all other competitions, skaters must compete at their test level or one level higher, per the above chart. For Basic Skills levels and events, please refer to the U.S. Figure Skating Compete USA Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.

**IMPORTANT- As of May 1, 2017, Pattern Dance Tests will no longer qualify adult athletes to compete in Showcase Events. Athletes currently competing based on pattern dance tests will need to pass a qualifying free skate or free dance test (solo, partnered, standard, adult, or masters) to compete in showcase events after A

TEST TRACK FREE SKATE EVENTS

| EVENT | REQUIREMENTS | Time |
|-----------------------------------|---|------------|
| Pre- Preliminary Rule 4270 | Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Max 2 jump combinations or sequences. Max 2 of any same type jump. Max 2 spins: 2 spins of a different nature, one position only, no change of foot, not flying entry. (Min 3 revolutions) Connecting moves and steps should be demonstrated throughout the program. | 1:30 +/-10 |

| | | |
|-------------------------------|--|-------------------------------------|
| Preliminary Rule 4270 | Max 5 jump elements: Jumps with not more than one rotation (no Axels). Max 2 jump combinations or sequences. Max 2 of any same type jump. Max 2 spins: One spin in one position, no change of foot, no flying entry (Min 3 revs) and One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot). Connecting moves and steps should be demonstrated throughout the program. | 1:30 +/- 10 |
| Pre-Juvenile Rule 4250 | Max 5 jump elements: Jumps with not more than one rotation (no Axels). Max 2 jump combinations or sequences. Max 2 of any same type jump. Max 2 spins: one spin in one position, no change of foot (min 3 revs) and one combination spin: forward camel spin to forward sit spin, change of foot optional (min 6 revs combined in forward sit and camel positions). Spins may not fly. One step sequence fully utilizing ice. | 2:00 +/-10 |
| Juvenile Rule 4240 | Max 5 jump elements: Any single jumps with not more than 1 ½ rotations (Axel permitted) Max 2 jump combinations or sequences. Max 2 of any same type of jump. Max 2 spins: One spin in one position, no change of foot (min 4 revs in position) and one combination spin with one change of foot and at least one change of position, must include 2 of the basic spin positions, (Min 4 revs on each foot). Only solo spin may fly. One step sequence straight fully utilizing ice surface. | 2:15 +/-10 |
| Intermediate Rule 4230 | Max 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Max 3 jump combinations or sequences. Max 2 of any same type jump. Max 2 spins of a different nature: One must be a flying spin (Min 5 revs), One must be a combination spin with at least one change of foot and at least one change of position (min 4 revs on each foot). One Step sequence straight fully utilizing ice surface. | 2:40 +/-10 |
| Novice Test Rule 4220 | Max 7 jump elements for men and 6 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop, and double loop. Max of 3 jump combinations or sequences. Max 2 of any same type jump. Max 3 spins of a different nature: One must be a combination spin with at least one change of foot and at least one change of position (Min 5 revolutions on each foot). The other spins are the option of the skater (Min 6 revs) All spins may fly. One step or spiral sequence. | Ladies 3:00 +/-10 Men 3:30 +/-10 |
| Junior Test Rule 4210 | Max 8 jump elements for men and 7 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip. Max of 3 jump combinations or sequences. Max 2 of any same type jump. Max 3 spins of a different nature: One must be a spin in one position (6 revs), one a flying spin (6 revs) and one a combination spin consisting of all three basic spin positions and one change of foot (Min 2 continuous revs in each basic position and min. 5 revs on each foot). One step sequence of advanced difficulty, covering the full ice surface. See rule | Ladies 3:30 +/-10 Men 4:00 +/-10 |
| Senior Test Rule 4200 | Max 8 jump elements for men and 7 for ladies. Any single jumps. Must include at least four different double jumps, one must be a double Lutz. No triple jumps permitted. Max of 3 jump combinations or sequences. Max 2 of any same type jump. Max 3 spins of a different nature: One must be a spin in one position (min 6 revs), one a flying spin (min 6 revs) and one a spin combination consisting of all three basic spin positions and one change of foot (Min 2 continuous revs in each basic position and min 5 revolutions on each foot). Men: Two different step | Ladies 4:00 +/-10 Men 4:30 +/-10 |



EVENT: Basic Elements: SNOWPLOW SAM – BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

| Level | Time | Skating rules/standards |
|--------------|-----------|--|
| Snowplow Sam | 1:00 max. | <ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row |
| | | <ul style="list-style-type: none"> • Forward two-foot glide and dip |

| | | |
|---------|-----------|--|
| Basic 1 | 1:00 max. | <ul style="list-style-type: none"> • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row |
| Basic 2 | 1:00 max. | <ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row |
| Basic 3 | 1:00 max. | <ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle |
| Basic 4 | 1:00 max. | <ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only |
| Basic 5 | 1:00 max. | <ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop |
| Basic 6 | 1:00 max. | <ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left |

LEARN TO SKATE USA EVENT: Basic Program: SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

| Level | Time | Skating rules/standards |
|--------------|-----------|--|
| Snowplow Sam | 1:10 max. | <ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row |
| Basic 1 | 1:10 max. | <ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row |
| Basic 2 | 1:10 max. | <ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row |
| Basic 3 | 1:10 max. | <ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom |

| | | |
|---------|-----------|--|
| | | <ul style="list-style-type: none"> Beginning backward one-foot glide, either foot Moving forward to backward two-foot turn on a circle |
| Basic 4 | 1:10 max. | <ul style="list-style-type: none"> Backward one-foot glides, right and left Forward outside edge on a circle, clockwise or counter clockwise Forward crossovers, 4-6 consecutive, both directions Beginning two-foot spin, 2-4 revolutions Backward ½ swizzle pumps on a circle, one direction only |
| Basic 5 | 1:10 max. | <ul style="list-style-type: none"> Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, 4-6 consecutive, both directions Advanced two-foot spin, 4-6 revolutions Forward outside three-turn, right and left Hockey stop |
| Basic 6 | 1:10 max. | <ul style="list-style-type: none"> Forward inside three-turn, right and left Bunny Hop Forward spiral on a straight line, right or left Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry T-stop, right or left |

LEARN TO SKATE USA EVENT: Pre-Free Skate – Free Skate 6 Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

| Level | Time | Skating rules/standards |
|----------------|-----------|---|
| Pre-Free Skate | 1:15 max | <ul style="list-style-type: none"> Forward inside open Mohawk from a standstill position (R to L and L to R) Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position (minimum three revolutions) Mazurka Waltz jump |
| Free Skate 1 | 1:15 max. | <ul style="list-style-type: none"> Forward power stroking, 4-6 consecutive strokes Backward outside three-turns, right and left Upright spin, entry from backward crossovers - minimum 4-6 revolutions Toe loop Half flip jump |
| Free Skate 2 | 1:15 max. | <ul style="list-style-type: none"> Alternating forward outside and inside spirals on a continuous axis (2 sets) Backward inside three-turns, right and left Beginning back spin, up to two revolutions Half Lutz Salchow jump |
| Free Skate 3 | 1:15 max. | <ul style="list-style-type: none"> Alternating Mohawk/crossover sequence, right to left and left to right Waltz three-turns, clockwise and counterclockwise Advanced back spin with free foot in crossed leg position, min 3 revs Loop jump Waltz jump/toe loop or Salchow/toe loop jump combination |

| | | |
|--------------|-----------|---|
| Free Skate 4 | 1:15 max. | <ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half loop jump • Flip jump |
| Free Skate 5 | 1:15 max. | <ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz jump-loop jump combination • Lutz jump |
| Free Skate 6 | 1:15 max. | <ul style="list-style-type: none"> • Forward power pulls, right and left • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump |

LEARN TO SKATE USA EVENT: Pre-Free Skate – Free Skate 6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

| Level | Time | Skating rules/standards |
|----------------|-----------|--|
| Pre-Free Skate | 1:40 max | <ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump |
| Free Skate 1 | 1:40 max | <ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop jump • Half flip jump |
| Free Skate 2 | 1:40 max. | <ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump |
| Free Skate 3 | 1:40 max | <ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination |
| Free Skate 4 | 1:40 max. | <ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop jump • Flip jump |
| Free Skate 5 | 1:40 max. | <ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions |

| | | |
|--------------|-----------|--|
| | | <ul style="list-style-type: none"> • Camel spin - minimum three revolutions • Waltz-loop jump combination • Lutz jump |
| Free Skate 6 | 1:40 max. | <ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump |

LEARN TO SKATE USA EVENT: Introductory Levels Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- *Skaters may have the option to skate one level higher in compulsories than their free skate program.*

| Level | Time | Skating rules/standards |
|---------------|-----------|--|
| Beginner | 1:15 max. | <ul style="list-style-type: none"> • Waltz jump • ½ jump of choice • Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional) • Forward or backward spiral |
| High Beginner | 1:15 max. | <ul style="list-style-type: none"> • Toe loop jump • Salchow jump • Forward scratch spin - minimum three revolutions • Forward or backward spiral |

LEARN TO SKATE USA EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

| Level | Jumps | Spins | Step Sequences | Qualifications |
|--------------------------|---|--|--|---|
| Beginner 1:40 Maximum | Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump | Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests |
| High Beginner | Max. 5 jump elements: | Max. 2 spins: | | |

| | | | | |
|--------------|---|--|--|---|
| 1:40 Maximum | <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump. | <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests |
|--------------|---|--|--|---|